The following activities may count toward the completion of 20 Professional Development Components (PDC’s) related to the industry every two years. The hours must occur in varied activities. The standards are as follows:

**Chapter Meetings:**
- 1 PDC per meeting (maximum PDC’s = 10)

**Seminars:**
- One day or less = 1 PDC
- Two days or less = 2 PDC’s

**Regional RIMS, CRIMS or RIMS Annual Conferences:**
- One day conference registration = 1 PDC
- Two day conference registration = 3 PDC’s
- Three day conference registration = 5 PDC’s
- Four or five day conference registration = 7 PDC’s

**Teaching a one semester course:**
- = 10 PDC’s (maximum)

**Publishing an Article** – related to the Risk Management Profession
- = 8 PDC’s (maximum)

**Serving on a RIMS or Chapter Committee/task force/council/board for one year**
- = 5 PDC’s

**Serving as a RIMS Committee/task force/council/board chair/officer for one year**
- = 10 PDC’s

**Risk Management Speaking Engagement**
- = 2 PDC’s

*Other activities may be submitted for consideration.*

RIMS encourage Fellows to participate in more than one type of professional development activity in each two-year period. PDC hours in excess of twenty may not be carried over into the next two-year period.

RIMS recognizes formal positions, such as chapter officer, board member, or committee chair of RIMS, PRIMA, ASHRM, PERMA or similar organizations.

RIMS will not award both RF credits and PDC hours for the same activity.

For additional information, please e-mail pd@rims.org.